



Mobility Agreement

Staff Mobility For Teaching¹

Planned period of the teaching activity: from [09/12/2019] till [14/12/2019]

Duration (days) – excluding travel days:5.....

Tačno trajanje mobilnosti u formatu dan/mesec/godina, a ispod broj dana trajanja mobilnosti ne računajući dane putovanja.

The teaching staff member

Last name (s)		First name (s)	
Seniority ²	senior	Nationality ³	Serbia
Sex [M/F]	F	Academic year	2019/2020
E-mail			

The Sending Institution/Enterprise⁴

Name	University of Belgrade		
Erasmus code ⁵ (if applicable)	RS BELGRAD02	Faculty/Department	School of Medicine
Address	Studentski trg 1	Country/ Country code ⁶	Serbia
Contact person name and position	Nikola Savić Administrative Officer Erasmus + Coordinator	Contact person e-mail / phone	nikola.savic@rect.bg.ac.rs
Type of enterprise:		Size of enterprise (if applicable)	<input type="checkbox"/> <250 employees <input type="checkbox"/> >250 employees

Polje "Contact person name and position"
Popunjava se imenom, prezimenom i pozicijom Erasmus + koordinatora za državu za koju je zadužen tj. jednog od zaposlenih u Centru za međunarodnu saradnju Rektorata. Listu zaposlenih i njihova zaduženja možete naći na sledećem linku - <http://bg.ac.rs/en/international/contacts.php>

The Receiving Institution

Name	Foro Italico	Faculty/Department	Sport Science
Erasmus code (if applicable)	I ROMA 05		
Address	Piazza Lauro De Bosis 15, 00135 Rome	Country/ Country code	Italy
Contact person name and position	Prof. Daniela Caporossi	Contact person e-mail / phone	daniela.caporossi@uniroma4.it

For guidelines, please look at the end notes on page 3.

Za "Receiving Institution" ne popunjavati ništa bez konsultacije sa Erasmus + koordinatorom



Section to be completed BEFORE THE MOBILITY

I. PROPOSED MOBILITY PROGRAMME

Main subject field⁷:health.....

Level (select the main one): Short cycle (EQF level 5) ; Bachelor or equivalent first cycle (EQF level 6) ; **Master or equivalent second cycle (EQF level 7)** ; Doctoral or equivalent third cycle (EQF level 8)

Number of students at the receiving institution benefiting from the teaching programme:

Number of teaching hours:8.....

Language of instruction:english.....

Broj studenata koji će slušati predavanja (ukoliko je unapred poznat)

Ukupan broj časova predviđenih za predavanja tokom trajanja mobilnosti

Jezik na kom će se predavanja slušati

Overall objectives of the mobility:

8hrs lectures to master students attending the MSc in Physical activity and health
Sharing of research interests on influence of exercise on prevention and therapy of chronic diseases

Added value of the mobility (in the context of the modernisation and internationalisation strategies of the institutions involved):

Discussion on the future scientific and academic collaboration with the University Foro Italico, former leader in the EU Tempus project SPEED.

Content of the teaching programme:

Exercise in prevention of non communicable diseases
Exercise in therapy of obesity
Exercise in therapy of CVD
Ergospirometry- toll or toy?

Expected outcomes and impact (e.g. on the professional development of the teaching staff member and on the competences of students at both institutions):

Exchange knowledge on the teaching content and methodology.
Updating of Master and PhD students on influence of exercise.
Common intention to expand the academic and scientific collaboration between Institution and specific laboratories in the framework of National and EU programs.

II. COMMITMENT OF THE THREE PARTIES

By signing⁸ this document, the teaching staff member, the sending institution/enterprise and the receiving institution confirm that they approve the proposed mobility agreement.

The sending higher education institution supports the staff mobility as part of its modernisation and internationalisation strategy and will recognise it as a component in any evaluation or assessment of the teaching staff member.

The teaching staff member will share his/her experience, in particular its impact on his/her professional development and on the sending higher education institution, as a source of inspiration to others.



The teaching staff member and the beneficiary institution commit to the requirements set out in the grant agreement signed between them.

The teaching staff member and the receiving institution will communicate to the sending institution/enterprise any problems or changes regarding the proposed mobility programme or mobility period.

The teaching staff member	
Name:	
Signature:	Date: 01.04.2019.

The sending institution/enterprise	
Name of the responsible person: Prof. Dr. Nenad Zrnić, Vice Rector	
Signature:	Date:



The receiving institution	
Name of the responsible person:	
Signature:	Date:

Dekanov paraf sa pečatom tačno pored polja za potpis univerzitetskog prorektora

¹ In case the mobility combines teaching and training activities, **this template** should be used and adjusted to fit both activity types.

² **Seniority:** Junior (approx. < 10 years of experience), Intermediate (approx. > 10 and < 20 years of experience) or Senior (approx. > 20 years of experience).

³ **Nationality:** Country to which the person belongs administratively and that issues the ID card and/or passport.

⁴ All references to "**enterprise**" are only applicable to mobility for staff between Programme Countries or within Capacity Building projects.

⁵ **Erasmus Code:** A unique identifier that every higher education institution that has been awarded with the Erasmus Charter for Higher Education receives. It is only applicable to higher education institutions located in Programme Countries.

⁶ **Country code:** ISO 3166-2 country codes available at: <https://www.iso.org/obp/ui/#search>.

⁷ The **ISCED-F 2013 search tool** (available at http://ec.europa.eu/education/tools/isced-f_en.htm) should be used to find the ISCED 2013 detailed field of education and training.

⁸ Circulating papers with original signatures is not compulsory. Scanned copies of signatures or electronic signatures may be accepted, depending on the national legislation of the country of the sending institution (in the case of mobility with Partner Countries: the national legislation of the Programme Country). Certificates of attendance can be provided electronically or through any other means accessible to the staff member and the sending institution.