



Don't just watch change.
Let's make it happen.

Plexus Conference Program

Plexus 2025

Program & Schedule

Innovation ✕ *Inspiration* ✕ *Connection*

Plexus

Conference

December 4-7, 2025; Split & Zagreb, Croatia

Every year, our **Plexus Conference** brings together **cutting-edge science and visionary medicine** with exceptional **opportunities for networking** in beautiful Croatia. It's a place where today's leaders **inspire the next generation** of physicians, scientists and medical students to **shape the future of healthcare**.



Inspire the next generation of biomedical professionals through fireside chats and panels.



250+ biomedical professionals expected in 2025.



World-class speakers from Harvard, MIT, Cleveland Clinic, Boston Children's Hospital, European Medicines Agency, Doctors Without Borders & more.



Exclusive **Gala** in Zagreb, **Skyline reception** with a gorgeous view of Zagreb, "Coffee with Speakers" sessions and more that connect you directly with world leaders.

250+

Participants
Biomedical professionals

10+

Countries
Six continents

20+

Biomedical leaders

1

Nobel prize-winning organization



Plexus Rewards Program

Returning participants (attended any of the last 3 Plexus conferences) who join our Plexus Rewards enjoy a free refund option and a free poster pass.



Current and past supporters





Conference

December 4, 2025; Split, Croatia

A dynamic series of **lectures and panels** led by **world-class physicians and scientists** from leading global institutions, **Plexus Split** empowers biomedical professionals with **cutting-edge medical insights** - culminating in an inspiring evening of **networking** by the **Adriatic**.

Thursday, December 4, 2025 "Future Frontiers in Medicine"

- 16:00-16:30** Registration & welcome coffee/tea
- 16:30-17:15** Session 1: *The 5 Global Trends That Will Reshape the Medical Profession by 2030 - Whether We're Ready or Not* (Humayun Chaudhry, DO, MS, MACP, FRCP)
- 17:15-18:00** Session 2: *Reimagining Lifelong Learning in the Age of AI and Information Overload* (George M. Abraham, MD, MPH, MACP, FIDSA, FRCP (Lon.))
- 18:00-18:30** Break
- 18:30-19:15** Session 3: *Frontiers in Cancer Research: What Will Define the Next Decade?* (Paul Workman, PhD)
- 19:15-20:30** Panel 1: *What Every Young Doctor Should Be Thought - But None of Us Were* (Humayun Chaudhry, DO, MS, MACP, FRCP; George M. Abraham, MD, MPH, MACP, FIDSA, FRCP (Lon.))
- 21:00-22:30** Networking night

Venue: Hotel Briig, Prilaz Braće Kaliterna 1, 21000, Split



Keynote Speakers



Humayun Chaudhry
DO, MS, MACP, FRCP

President and CEO of the Federation of State Medical Boards of the United States, physician leader shaping national medical regulation and policy.



Paul Workman
PhD, FRS, FMedSci, FAAAS, FAACR

World-renowned cancer researcher and former Chief Executive of The Institute of Cancer Research, London, known for pioneering work in precision medicine and cancer therapeutics.



George M. Abraham
MD, MPH, MACP, FIDSA, FRCP (Lon.)

Renowned infectious disease specialist, Chief of Medicine at Saint Vincent Hospital and past President of the American College of Physicians, recognized for his leadership in clinical medicine and medical education.





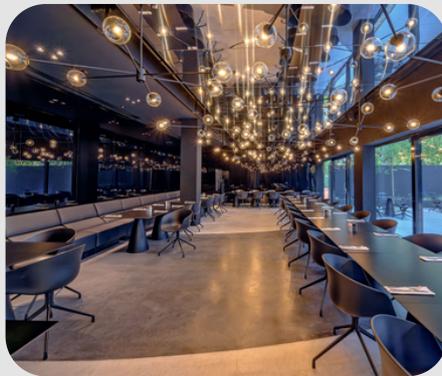
Conference program

December 5-7, 2025; Zagreb, Croatia

Friday, December 5, 2025 "AI, Leadership & Future of Cancer Care"

16:00-16:30	Registration & welcome coffee/tea
16:30-16:45	Opening remarks
16:45-17:30	<u>Panel 1</u> : AI in Medicine: From Hype to Real-World Transformation (Humayun Chaudhry, DO, MS, MACP, FRCP)
17:30-18:15	<u>Session 1</u> : GLP-1 Revolution: How Metabolic Science Is Reshaping Medicine (Daniel Drucker, MD - virtual)
18:15-18:45	Micro-networking and Poster Session
18:45-19:30	<u>Session 2</u> : Leadership Under Pressure: Lessons from War Zones and Pandemics (Christos Christou, MD)
19:30-20:15	<u>Session 3</u> : From Oncogenes to the Future of Cancer (Robert Weinberg, PhD - virtual)
21:00-23:00	Skyline Networking Night (Westin Hotel)

Venue: Hotel Zonar, Trg Krešimira Čosića 9, 10000, Zagreb



Keynote Speakers



Humayun Chaudhry
DO, MS, MACP, FRCP

President and CEO of the Federation of State Medical Boards of the United States, physician leader shaping national medical regulation and policy.



Daniel Drucker
MD, FRCP

Professor of Medicine at the University of Toronto and a globally recognized leader in diabetes and obesity research, co-discoverer of incretin-based therapies.



Christos Christou
MD

International President of Médecins Sans Frontières (Doctors Without Borders), experienced field physician leading global humanitarian medical response in crisis zones.



Robert Weinberg
PhD

Founding member of the Whitehead Institute and MIT professor, world-renowned cancer biologist who co-discovered the first human oncogene and tumor suppressor gene.





Conference program

December 5-7, 2025; Zagreb, Croatia

Saturday, December 6, 2025 "From Discovery to Impact"

Parallel sessions

09:30-10:00	Registration & welcome coffee/tea	
10:00-10:45	<u>Session 4: 50 Years of Cancer Drug Discovery: From Precision Oncology to What's Next</u> (Paul Workman, PhD, FRS, FMedSci, FAAAS, FAACR)	<u>Session 4: Digital Biomarkers: How Wearables Are Changing Medicine</u> (Christian Stammel, CEO)
10:45-11:30	<u>Session 5: From Classroom to Crisis Zones: How to Get Involved with Doctors Without Borders</u> (Christos Christou, MD)	<u>Session 5: From Academia to Industry: A Career Across Borders</u> (Ivana Vodopivec, MD, PhD)
11:30-12:00	Micro-networking and Med&X Accelerator Info Day	
12:00-12:45	<u>Panel 2: How AI Will Change Your Daily Practice: Opportunities and Pitfalls</u> (Humayun Chaudhry, DO, MS, MACP, FRCP, Mario Škugor, MD; TBA)	<u>Panel 2: Doctors, Media and Trust: Navigating Health Communication Today</u> (Zlatan Ibradžić, MD; Natko Beck, MD)
12:45-13:15	<u>Session 6: Music as Medicine: From Neuroscience to the Clinic</u> (Marija Pranjić, PhD)	<u>Session 6: Session 6: Redefining Healthcare Through Innovative Medicines</u> (Steffen Thirstrup, MD, PhD)
13:15-14:00	<u>Session 7: The Next Frontiers in Biomedical Science</u> (Holden Thorp, PhD - virtual)	<u>Session 7: Personalized Pediatrics: Genomic Medicine at the Bedside</u> (Wendy Chung, MD, PhD - virtual)
14:00-15:00	Lunch	
14:00-19:30	Free time	
19:30-23:00	Gala Evening (Emerald Ballroom, Esplanade Hotel)	

Venue: Hotel Esplanade, Mihanovićeve ul. 1, 10000, Zagreb



This year's program features keynote talks, panels, and interactive sessions on topics such as cancer drug discovery, digital biomarkers, AI in medicine, global health, neuroscience, and metabolic science. In addition to scientific discussions, participants will have opportunities for networking and career development, with the day concluding at the Gala Evening.



Conference program

December 5-7, 2025; Zagreb, Croatia

Keynote Speakers



Paul Workman
PhD, FRS, FMedSci, FAAAAS, FAACR

World-renowned cancer researcher and former Chief Executive of The Institute of Cancer Research, London, known for pioneering work in precision medicine and cancer therapeutics.



Mario Škugor
MD

Endocrinologist at the Cleveland Clinic specializing in thyroid disorders and complex endocrine diseases, with a strong focus on clinical excellence and education.



Marija Pranjić
PhD

Neuroscientist at Harvard Medical School and Boston Children's Hospital specializing in brain development, early sensory experiences, and the biomedical use of music to support health.



Holden Thorp
PhD

Editor-in-Chief of Science journals and former Chancellor of the University of North Carolina, an influential voice in higher education, science policy, and innovation.



Ivana Vodopivec
MD, PhD

Global Program Clinical Head at Novartis; clinician-scientist with deep scientific, clinical and drug development expertise in neuroscience and ophthalmology.



Christos Christou
MD

International President of Médecins Sans Frontières, experienced field physician leading global humanitarian medical response in crisis zones.



Wendy Chung
MD, PhD

Clinical and molecular geneticist, Chief of Pediatrics at Boston Children's Hospital and Harvard Medical School, widely recognized for advancing precision medicine and genetic therapies.



Christian Stammel
CEO

Founder & CEO of WT Wearable Technologies, a digital pioneer in the IoT and wearable sector, known for driving innovation and cooperation across the wearables ecosystem.



Steffen Thirstrup
MD, PhD

Chief Medical Officer at the European Medicines Agency, MD/PhD in pharmacology, with deep expertise in clinical pharmacology and regulatory affairs.



Zlatan Ibradžić
MD

Physician specializing in plastic surgery and burns, currently serving as a Clinical Fellow at the St. Andrews Centre for Burns and Plastic Surgery in the UK.



Humayun Chaudhry
DO, MS, MACP, FRCP

President and CEO of the Federation of State Medical Boards of the United States, physician leader shaping national medical regulation and policy.



Natko Beck
MD

Radiology specialist and public health advocate; Head of Diagnostic Radiology at Srebrnjak Children's Hospital and HRT show host "Dr. Beck," recognized for clear, engaging medical communication.





Conference program

December 5-7, 2025; Zagreb, Croatia

Sunday, December 7, 2025

“Shaping Tomorrow’s Health: Prevention, Purpose, Performance”

- 09:30-10:00 Registration & welcome coffee/tea
- 10:00-10:30 Session 8: Play to Win: Optimizing Your Personal Performance (Toby Foxcroft, CEO)
- 10:30-11:00 Panel 3: Personalised Prevention: From Theory to Clinical Reality (Anne Johnson, DBE, MD, FMedSci, Hon FBA, HonFFPH, FRCP, FRCGP)
- 11:00-11:30 Session 9: From Barriers to Breakthroughs: Advancing Leadership in Neurosurgery (Nikolina Sesar, MD)
- 11:30-12:00 Micro-networking
- 12:00-12:30 Panel 4: GLP-1 Therapies: What We Know Beyond Weight Loss (Mario Škugor, MD)
- 12:30-13:00 Panel 5: Sleep Disorders in Everyday Medicine: From Diagnosis to Treatment - More Than Just Insomnia (Alen Juginović, MD)
- 13:00 Lunch and networking

Venue: Hotel Esplanade, Mihanovićeva ul. 1, 10000, Zagreb

Keynote Speakers



Toby Foxcroft
CEO

Renowned international coach and mentor with over 30 years' experience, serving high-net-worth individuals, celebrities and professionals globally through his 'Play To Win' methodology.



Anne Johnson
DBE, MD, FMedSci, Hon FBA, Hon FFPH, FRCP, FRCGP

Distinguished epidemiologist and public health leader, former President of the British Academy, honored for contributions to global health and health systems research.



Nikolina Sesar
MD

Neurosurgeon with subspecialty expertise in neuro-oncology, functional and stereotactic neurosurgery, spinal surgery, and invasive pain treatment; she was the first female neurosurgery specialist in Croatia.



Ivana Vodopivec
PhD

Global Program Clinical Head at Novartis; clinician-scientist with deep scientific, clinical and drug development expertise in neuroscience and ophthalmology.



Mario Škugor
MD

Endocrinologist at the Cleveland Clinic specializing in thyroid disorders and complex endocrine diseases, with a strong focus on clinical excellence and education.



Alen Juginovic
MD

Physician and researcher at Harvard Medical School and Massachusetts General Hospital, specializing in sleep medicine and neurobiology, recognized for his scientific work on the health impact of poor sleep.





Networking opportunities

December 5-7, 2025; Zagreb, Croatia

Friday

December 5, 2025

Skyline Networking Night

An evening on the 17th floor overlooking Zagreb designed for meaningful connections, where participants can join topic-focused tables and engage in career path conversations with professionals from diverse fields of medicine and science. This format encourages both structured dialogue and informal exchange over complimentary drinks and finger food, helping participants expand their networks and explore new opportunities.

Venue: Hotel Westin, Kršnjavoga 1, 10000, Zagreb

Saturday

December 6, 2025

Gala Evening

The Gala Evening is the highlight of the program — a festive celebration of science, innovation, and collaboration. Set in an elegant atmosphere, it gathers participants, speakers, and distinguished guests to honor shared achievements and strengthen the sense of community. This year, the evening will also spotlight international collaboration between Croatia and global partners, showcasing how collective expertise can advance biomedical excellence. Together, these events create a bridge between medicine, academia, industry, and diplomacy, fostering connections that transcend borders.

Venue: Hotel Esplanade, Emerald Ballroom, Mihanovićeve ul. 1, 10000, Zagreb

Saturday, Sunday

December 6-7, 2025

Lunch With Speakers

More than just a meal, lunch provides a welcoming space for participants to exchange ideas, reflect on sessions, and connect with peers and mentors. It is an ideal moment to start new conversations and strengthen professional relationships in a relaxed, informal setting.

Venue: TBA

Saturday, Sunday

December 6-7, 2025

Coffee with Speakers

A relaxed morning networking opportunity where participants can meet Plexus speakers in an informal setting. Over coffee and conversation, attendees can ask questions, exchange ideas, and gain unique insights into the careers and research journeys of leading professionals in medicine and science.

Venue: TBA

